



NSERC
CRSNG

Low rider: (what) are humans optimizing in reduced gravity?

DT Polet^a, RT Schroeder^b, JEA Bertram^c

^aBiological Sciences, University of Calgary ^bBiomedical Engineering Graduate Program, University of Calgary ^cCell Biology and Anatomy, Cumming School of Medicine, University of Calgary



UNIVERSITY OF
CALGARY

What are the priorities of the motor control system?

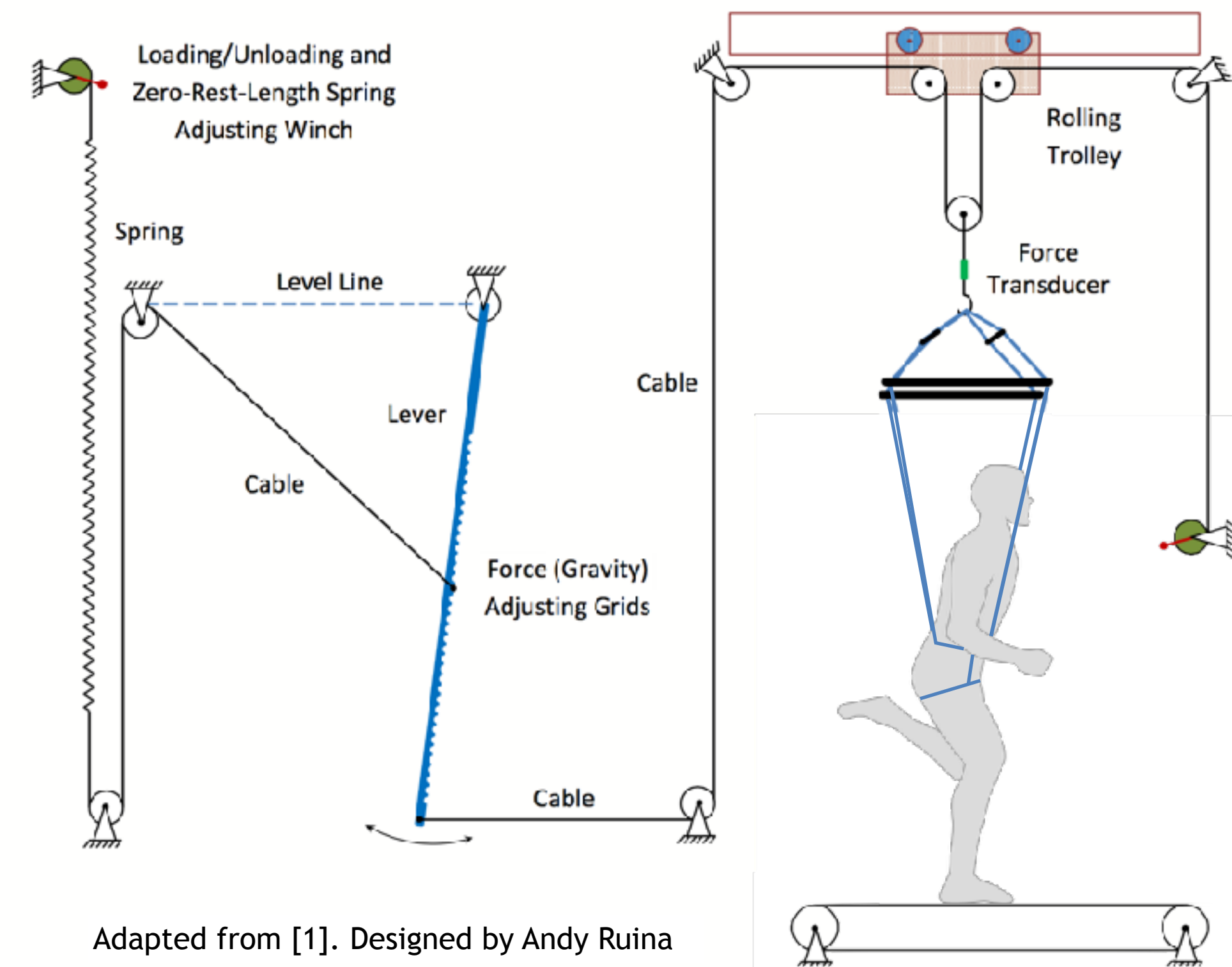
- Test: place subjects in novel circumstances, and observe changes in gait
- Reduced gravity apparatus offloads centre of mass during running [1]
- Humans tend to minimize metabolic energy expenditure in locomotion [2, 3]
- Simple model compares cost of redirecting centre of mass (E_{col}) to cost of rapid steps (E_{freq})

$$E_{tot} = \underbrace{\frac{mV^2}{2}}_{E_{col}} + \underbrace{A \left(\frac{g}{V}\right)^k}_{E_{freq}}$$

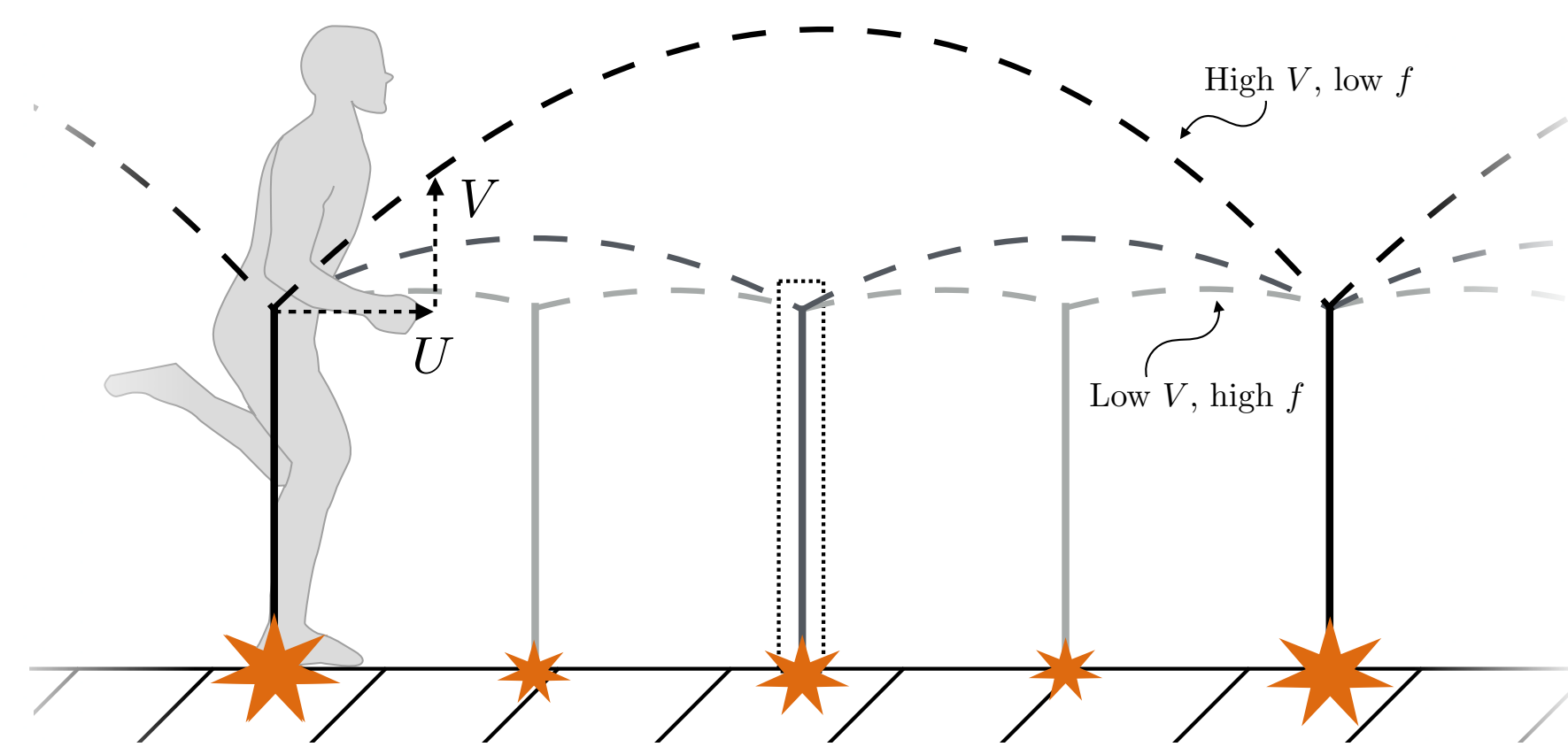
- Tradeoff in minimizing or maximizing V . Optimality yields:

$$V^* \propto g^{k/(k+2)}$$

- k is unknown, but some good candidates are:
 - $k = 1$: a simple linear cost in step frequency
 - $k = 2$: ~ work based cost from swinging legs
 - $k = 3$: ~ a force/time cost [4, 5]

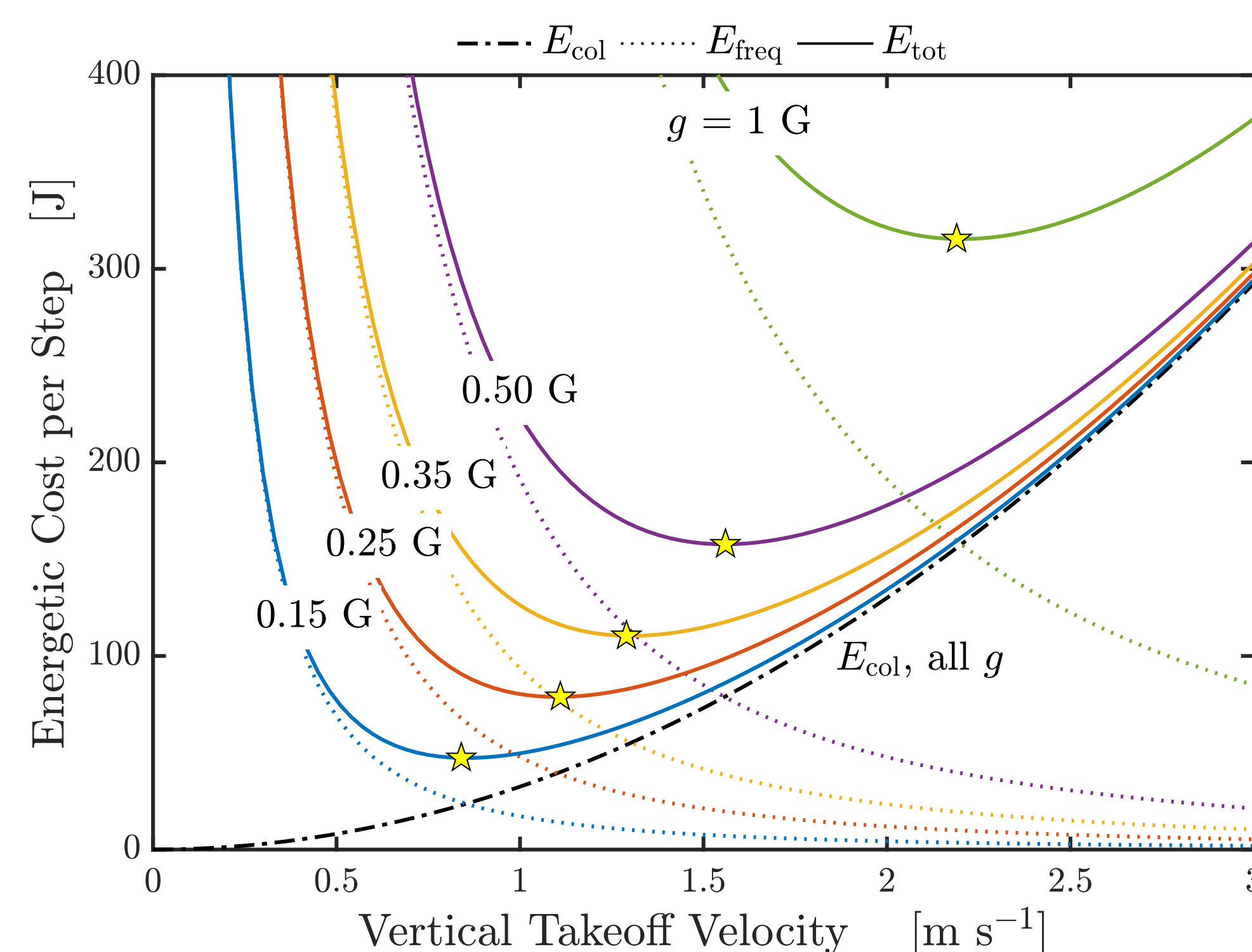


Adapted from [1]. Designed by Andy Ruina



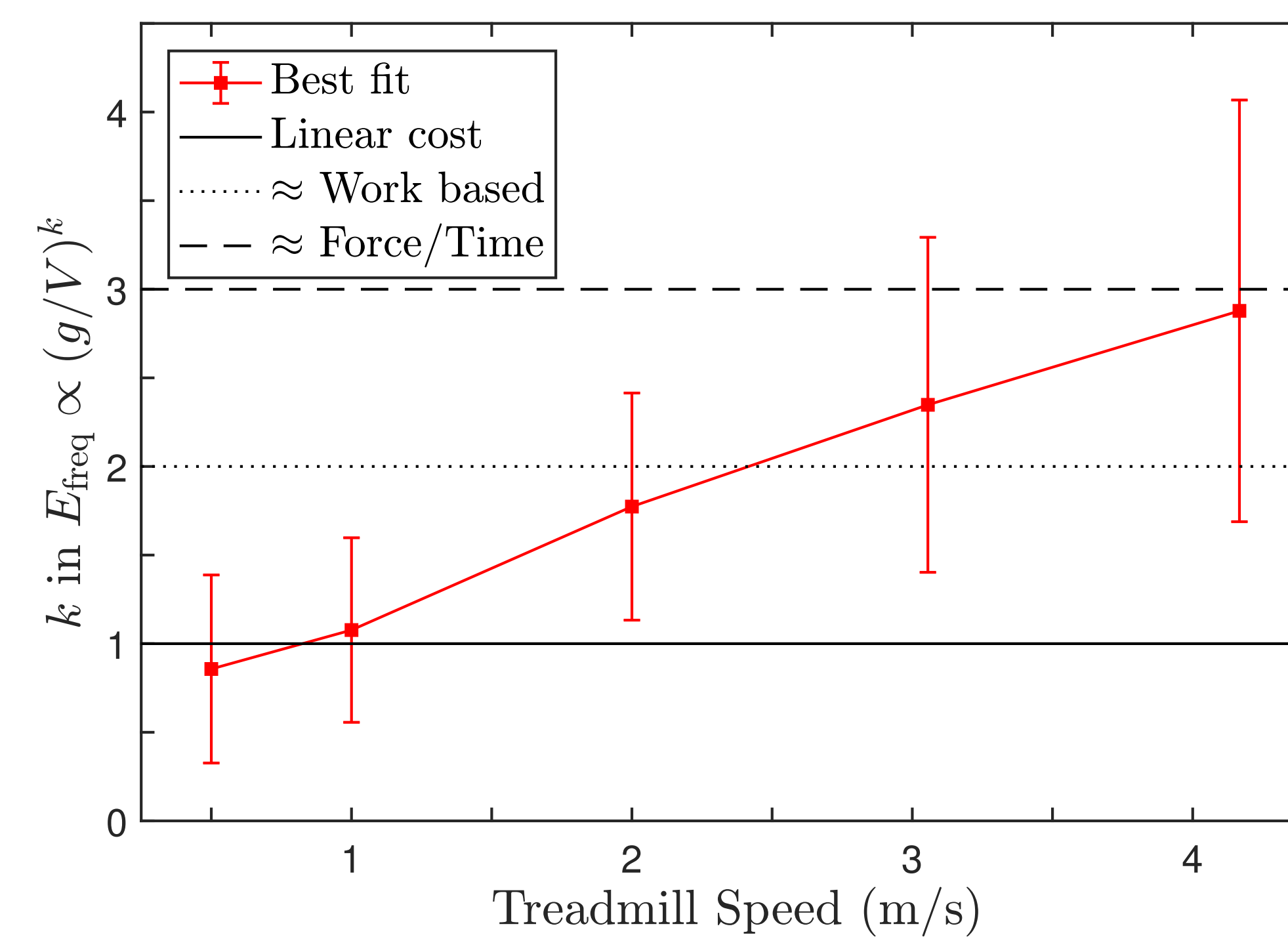
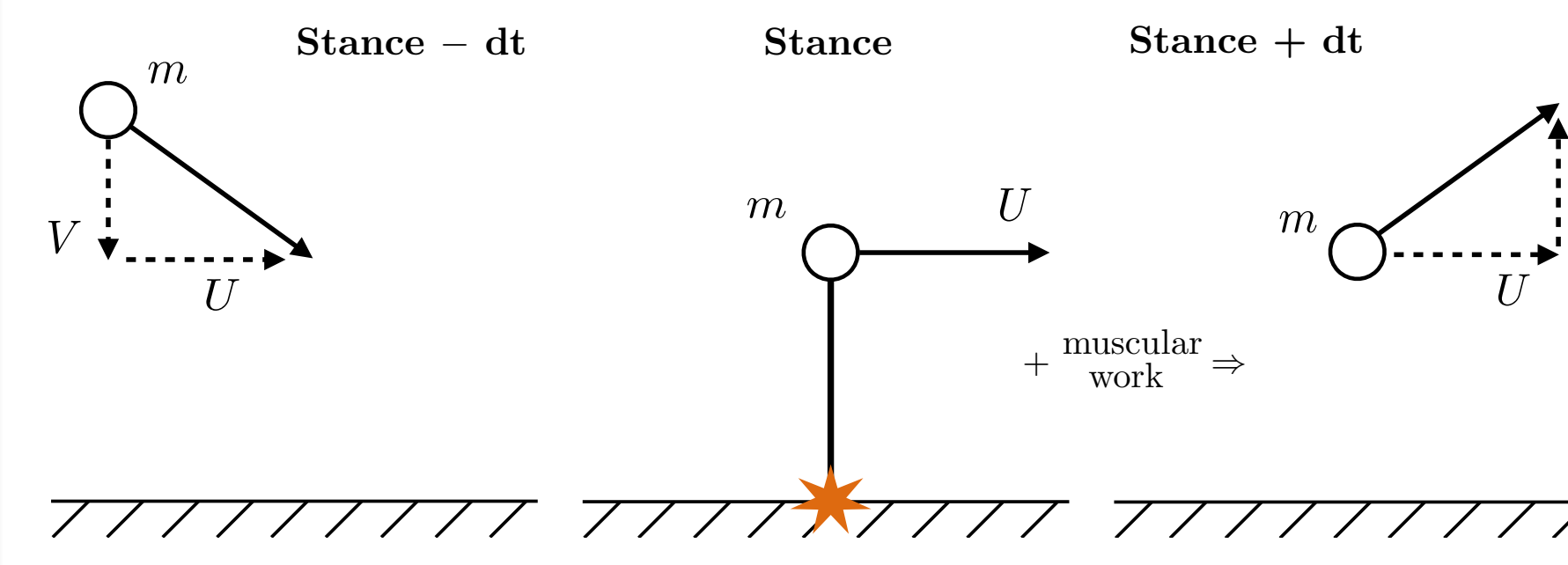
Experiment

- 10 subjects, 25 conditions:
 - $g = [0.15, 0.25, 0.35, 0.5, 1] \cdot G$
 - Treadmill speed = 0.5, 1, 2, 3.1, 4.1 m/s
- As gravity increases, a pronounced increase in takeoff velocity occurs
 - For all speeds and all subjects
- $k = 2$ is a good predictor of trends, particularly at high speeds



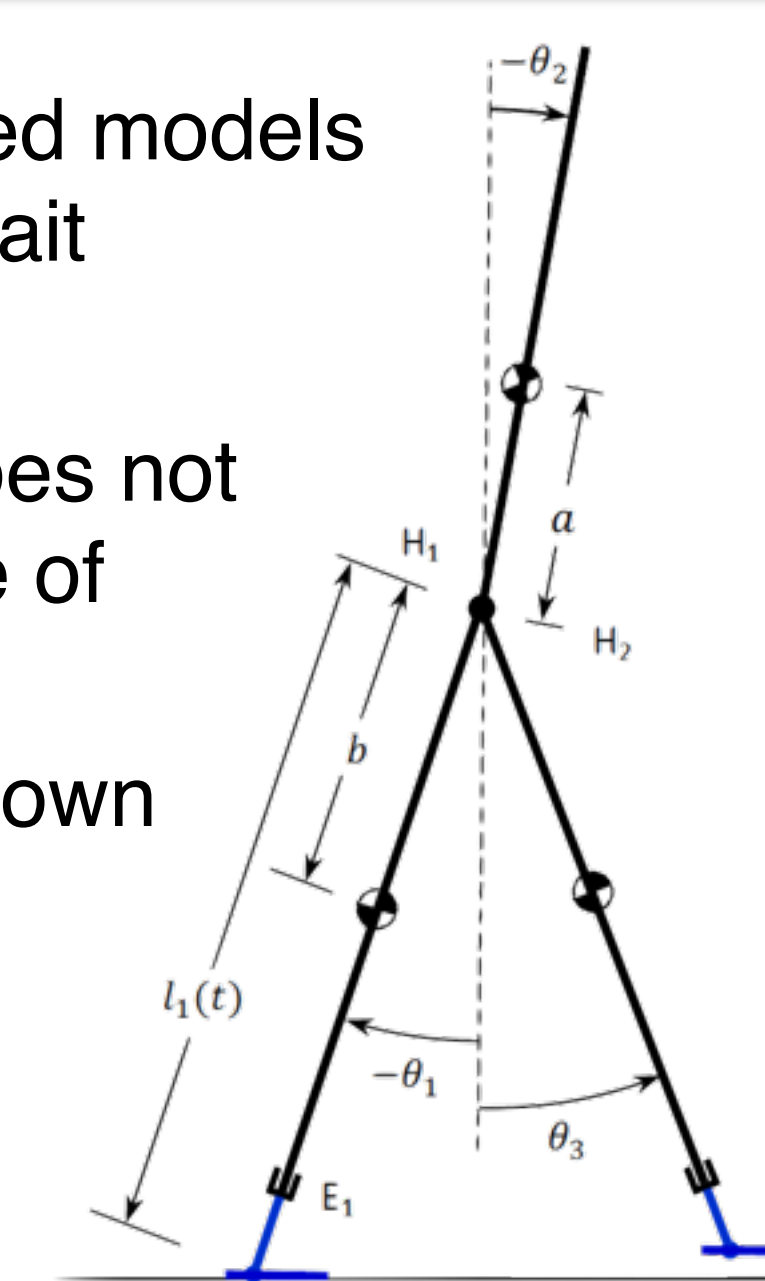
Limitations

- Anticipated no effect of treadmill speed
- In reality, vertical takeoff velocity decreases as treadmill speed increases
 - No flight phase at high g and low speed?
 - Add fore-aft accelerations to model?



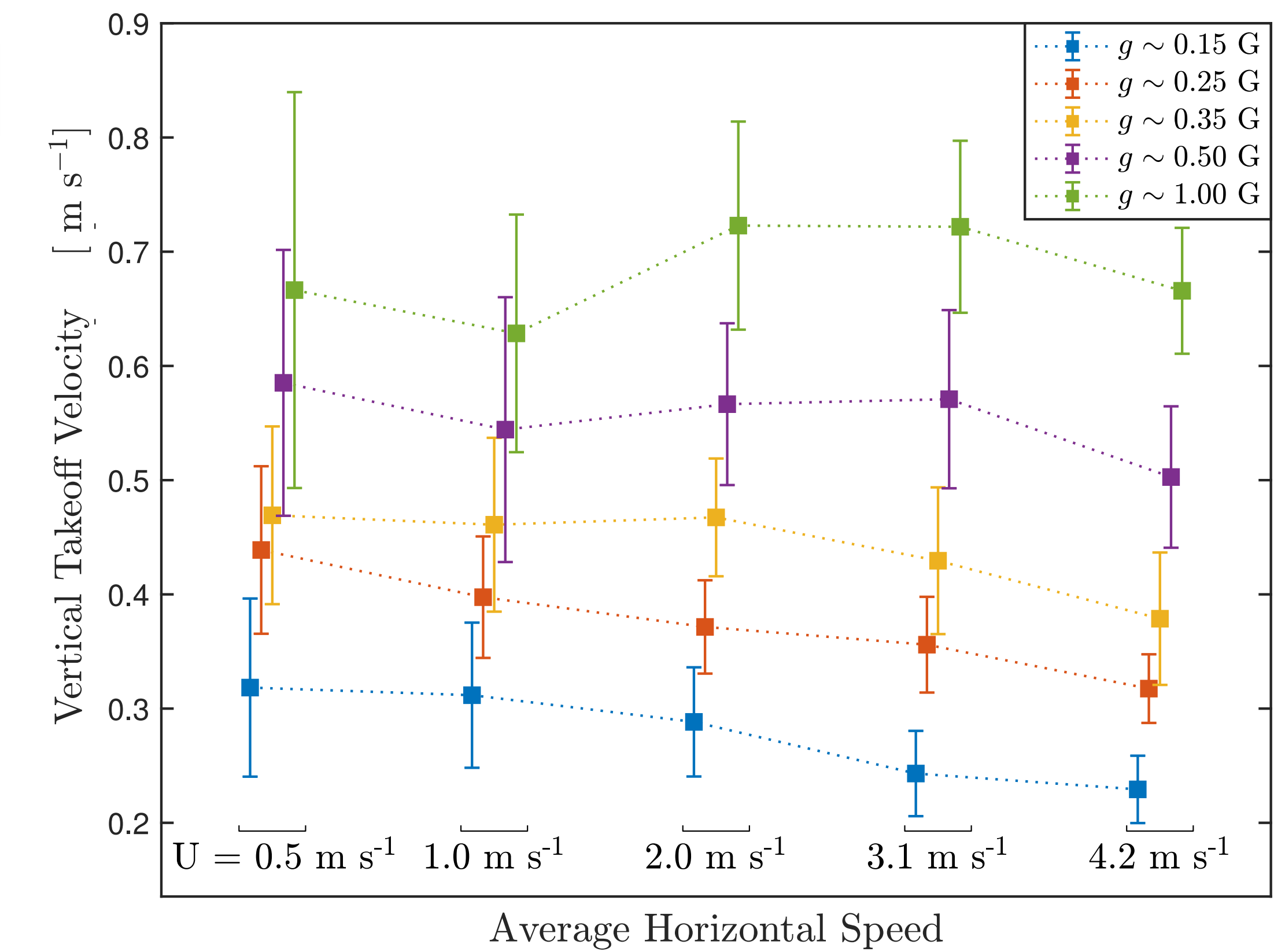
Next steps

- More realistic work-based models can predict aspects of gait selection in gravity [1]
- A similar model to [6] does not predict correct response of V to g
 - Add collisional touchdown map?
 - Add two-link legs?
 - Different g on links vs COM?



References

- [1] Hasaneini *et al.* 2017. *bioRxiv* doi:10.1101/201319
 [2] Long & Srinivasan 2013. *J. R. Soc. Interface* 10:20120980
 [3] Selinger *et al.* 2015. *Curr. Biol.* 25:2452-56 [4] Kuo 2001. *J. Biotech. Eng.* 123:264-9 [5] Doke & Kuo 2007. *J. Exp. Biol.* 210:2390-8 [6] Hasaneini *et al.* 2013. *Adv. Robot.* 27:845-59

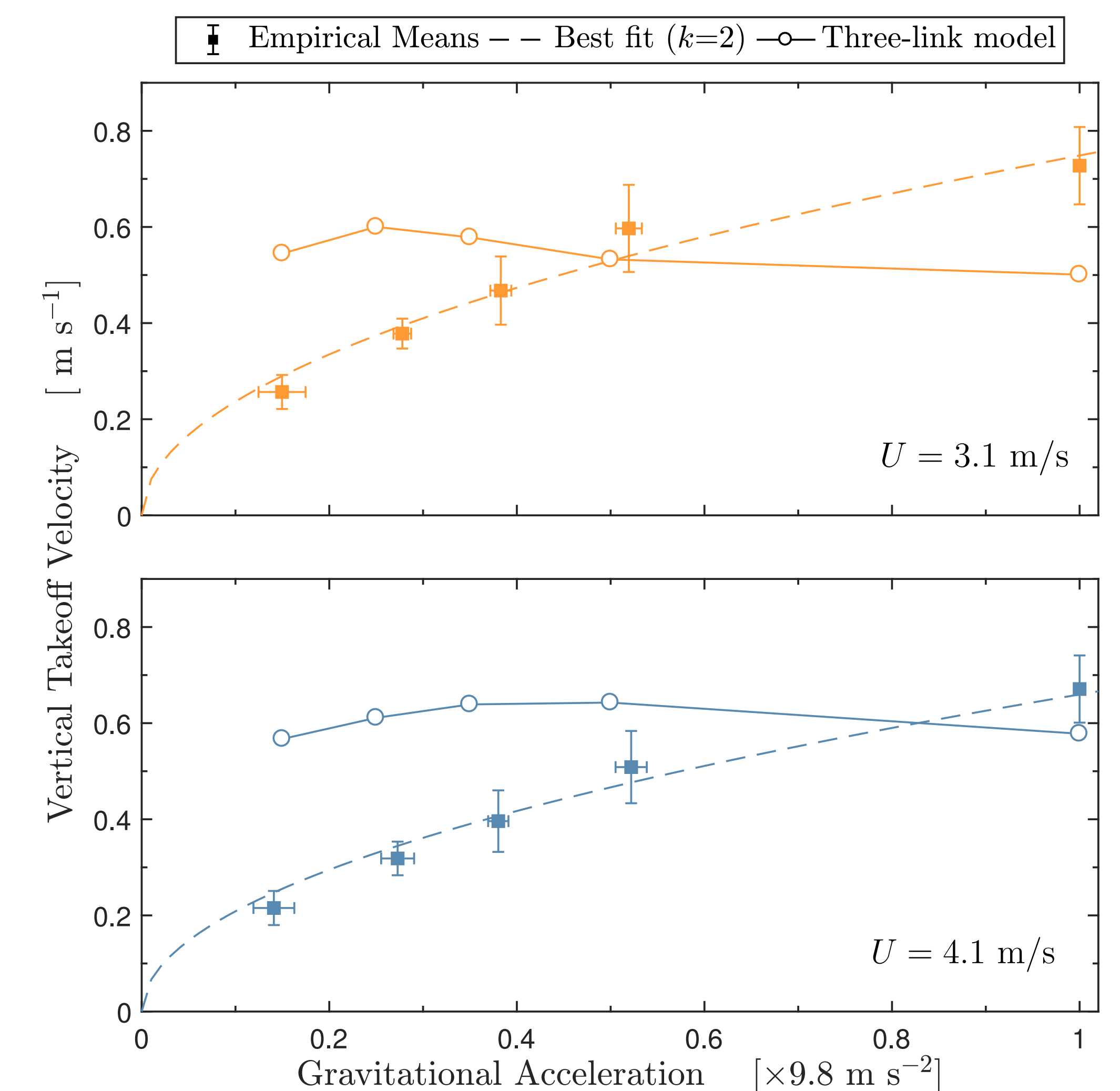


Changing costs?

- Assumed cost model independent of speed
- In reality, the best fit k increases as treadmill speed increases
- Does force/time cost dominate at high speeds?
 - Consistent with shorter stance time
 - Finite stance dynamics could be added to model

An energetic tradeoff

- Stance cost (E_{col}) as a function of V is independent of gravity
- Frequency cost is gravity dependent.
- As gravity decreases, frequency costs at a particular V go down, allowing runner to settle on a lower takeoff speed



Contact Information
dtpolet@ucalgary.ca



Delyle Polet